



Skiing4all Programs

Season 2011/12

Which Skiing4all Program?

XS, S, M, L or XL?

This season we offer five exciting programs: XS, S, M, L and XL, each running for five consecutive days from Sunday to Thursday.

We have created these programs based on our years of experience, making sure that there is a suitable program for every child, teenager or adult with special needs. We have also taken great care to match our program times with those offered by our affiliated ski schools so that everyone in the family can make the most of their skiing holiday.

What's more, if siblings or friends of the main participant with special needs book one of our programs too, we will co-ordinate all the family skiing and activity times, locations, pick-ups, drop offs and lunch venues to make it even easier and convenient for you than ever before!

“All Inclusive” – all our programs include the following:

- ✓ **One-to-one skiing sessions** with a Ski Instructor experienced in teaching persons with learning difficulties (trained and overseen by a British Psychologist)
- ✓ **Skipass** for the duration of the skiing session*
- ✓ **All skiing equipment hire:** skis, poles, helmet and extra safety equipment*
- ✓ Unlimited use of a 25-metre **swimming pool** with fun facilities for children and relaxation areas for adults (daily 10.00 – 22.00)
- ✓ **Care: max. two children with special needs to one carer at all times**
- ✓ **Free lunchtime and break supervision**
- ✓ **Meet & Greet Service** on your arrival day to the ski resort
- ✓ **Free daily hotel pick-up** for the Early Birds starting at 08.45 a.m.
- ✓ **Diploma, medal, souvenir and photo CD** with holiday memories
- ✓ Free optional **Ski Race, Treasure Hunt** or **Fun Skiing Session** with Schmidolin, our friendly dragon

**Only for the main participants with special needs.
The skipass & equipment sponsorship excludes siblings or friends.*

You will find detailed descriptions of the individual programs with prices on the following pages, including suggested regular ski school courses, which match our program times. If you have any further questions, please do not hesitate to contact us for advice. Thank you.

XS “Skiing Foundation Course”

Crèche from 09.45 to 15.15, Sunday to Thursday.

Meeting and collection point: Intersport Areit ski shop, conveniently located by the ski lifts, ski lockers and the affiliated ski school meeting point for you.

- ✓ *For children with learning difficulties over 4 years old, teenagers and adults with special needs, and their siblings or friends over 3 years old.*

This program is suitable for children who are still too young for skiing and those children, teenagers and adults who due to their high anxiety levels associated with new places and activities should begin their skiing in a very gradual way (true especially for the participants with autism). During their time with us, among other fun activities, the participants get introduced at their own pace to the world of skiing through play, short trips to the slopes, and activities related to snow, skiing and equipment. The overall aim is to awaken their desire to ski in the future and to minimise any possible anxiety associated with trying this new activity. In our experience this “skiing foundation course” is a great base on which to develop skiing skills the following season. We have found that a week happily spent at our crèche is a great predictor of the future skiing success.

☞ *TIP: Our crèche is also a great contingency plan for those parents who would like to book skiing programs with us but are not sure if their child would enjoy skiing as much as we do! Should your child prefer other activities after all, or feel a bit under the weather one day, they can change to our crèche free of charge at any point and for any duration.*

Optional activities: we can also take the participants to the following activities during their crèche time:

- **Swimming** (free) – swimming in our superb-quality pool with slides and a pirate ship.
- **Nordic-walking** (free) – a gentle walk around our beautiful lake.
- **Glacier experience** (5€) – a trip up to 3000 metres, hot drink at the panoramic restaurant at the top, adventure walk through the mountain tunnel and a short 3-D film at the highest cinema around.
- **Snow-shoeing** (15€) – an easy, scenic walk in snow shoes with a treasure hunt and a guaranteed find on the way.
- **Horse-riding** (19€) – a riding session in the stunning Alpine scenery with a qualified coach, experienced in working with persons with special needs.
- **Lama trek** (29€) – an absolute favourite with all our program participants, animal feeding followed by a short and easy trek with the lamas.

S “First Skiing Experience”

Time: from 08.20 to 09.45, Sunday to Thursday:

Free pick-up from the hotel at 08.20.

One-to-one skiing from 08.45 to 09.45.

Collection point: Intersport Areit ski shop, conveniently located by the ski lifts, ski lockers and the affiliated ski school meeting point for you.

- ✓ For children with learning difficulties over 4 years old, teenagers and adults with special needs, and their siblings or friends over 3 years old.

This program is perfect for complete beginners, very young children and those whose attention span will now allow them to ski for longer than one hour. The sessions take place exclusively at the nursery slope at 750 metres altitude, equipped with the 150-metre long “magic carpet” ski lift, perfect for beginners. Please note that all complete beginners with special needs spend their first morning getting accustomed to the new environment, ski lifts and start skiing on the second day. From our experience, this gradual introduction helps to reduce anxiety, giving the participants time to get used to their skiing gear & skiing environment. The participants receive their skiing equipment towards the end of the first day, in a peaceful environment, and get the opportunity to get used to it before the next day on the slope. This introduction day helps the participants achieve more during the rest of the week when compared to those who started skiing on their first day.

We pick up the participants every day from their hotel at 08.20 a.m. and change them into their skiing gear at the Intersport ski shop by the slope. We ask you to collect your child at 09.45 from the Intersport Areit ski shop (unless they are following Program M, in which case we help them out of their ski gear and bring to the crèche ourselves).

☞ TIP: *This program is also a perfect “trial course” for those who are not sure if their children are ready for skiing.*

M “First Skiing Experience with Foundation Course”

Time: 08.20 – 15.15, Sunday to Thursday:

Free pick-up from the hotel at 08.20.

One-to-one skiing from 08.45 to 09.45.

Transfer to our crèche.

Crèche until 15.15.

Collection point: Intersport Areit ski shop, conveniently located by the ski lifts, ski lockers and the affiliated ski school meeting point for you.

- ✓ For children with learning difficulties over 4 years old, teenagers and adults with special needs, and their siblings or friends over 3 years old.

This program is a combination of our Programs XS and S, with the transfer from the slopes to the crèche included in the price. This program is perfect for complete beginners, very young children and those whose attention span will now allow them to ski for longer than one hour. The sessions take place exclusively at the nursery slope at 750 metres altitude, equipped with the 150-metre long “magic carpet” ski lift, perfect for beginners. Please note that all complete beginners with special needs spend their first morning getting accustomed to the new environment, ski lifts and start skiing on the second day. From our experience, this gradual introduction helps to reduce anxiety, giving the participants time to get used to their skiing gear & skiing environment. The participants receive their skiing equipment towards the end of the first day, in a peaceful environment, and get the opportunity to get used to it before the next day on the slope. This introduction day helps the participants achieve more during the rest of the week when compared to those who started skiing on their first day. After daily skiing sessions, children spend their time in the crèche enjoying fun activities and snow-related play. (To learn more about our crèche, please read the description under Program XS.)

We pick up the participants every day from their hotel at 08.20 a.m. and change them into/from their skiing gear at the Intersport ski shop by the slope. We ask you to collect your child at 15.15 from the Intersport Areit ski shop.

☞ *TIP: This program is a perfect “trial course” for those who are not sure if their children are ready for skiing, and for those who will not be able to ski more than an hour a day. The time spent at our crèche after skiing is a great option for both the participants as well as their parents who can keep skiing in the knowledge that their children are in safe hands with us!*

Optional activities: we can also take the participants to the following activities during their crèche time:

- **Swimming** (free) – swimming in our superb-quality pool with slides and a pirate ship.
- **Nordic-walking** (free) – a gentle walk around our beautiful lake.
- **Glacier experience** (5€) – a trip up to 3000 metres, hot drink at the panoramic restaurant at the top, adventure walk through the mountain tunnel and a short 3-D film at the highest cinema around.
- **Snow-shoeing** (15€) – an easy, scenic walk in snow shoes with a treasure hunt and a guaranteed find on the way.
- **Horse-riding** (19€) – a riding session in the stunning Alpine scenery with a qualified coach, experienced in working with persons with special needs.
- **Lama trek** (29€) – an absolute favourite with all our program participants, animal feeding followed by a short and easy trek with the lamas.

L “Skiing and Even More Fun”

Time: 09.45 – 15.15, Sunday to Thursday:

One-to-one skiing for two hours from 10.00 to 12.00 or from 13.00 to 15.00.

Transfer between the slope and our crèche.

Crèche for the remaining time.

Meeting and collection point: Intersport Areit ski shop, conveniently located by the ski lifts, ski lockers and the affiliated ski school meeting point for you.

- ✓ For children with learning difficulties over 5 years old, teenagers and adults with special needs, and their siblings or friends over 3 years old.

This program is a perfect combination of a standard two-hour skiing session with the fun and activities at our crèche (the transfer between the slopes and the crèche is included in the price). The program is suitable for children, teenagers and adults, from complete beginners to advanced skiers. The skiing takes place at the whole mountain (the complete beginners will start at the nursery slope at 750 metres altitude, equipped with the 150-metre long “magic carpet” ski lift). To learn more about our crèche activities, please read the description under Program XS.

Please note that all complete beginners with special needs spend their first morning getting accustomed to the new environment, ski lifts and start skiing on the second day. From our experience, this gradual introduction helps to reduce anxiety, giving the participants time to get used to their skiing gear & skiing environment. The participants receive their skiing equipment towards the end of the first day, in a peaceful environment, and get the opportunity to get used to it before the next day on the slope. This introduction day helps the participants achieve more during the rest of the week when compared to those who started skiing on their first day.

☞ *TIP: This program is a particularly good choice for anyone from beginner to intermediate level, and all those for whom skiing the full day would be too much due to their fitness levels and/or attention span.*

Optional activities: we can also take the participants to the following activities during their crèche time:

- **Swimming** (free) – swimming in our superb-quality pool with slides and a pirate ship.
- **Nordic-walking** (free) – a gentle walk around our beautiful lake.
- **Snow-shoeing** (15€) – an easy, scenic walk in snow shoes with a treasure hunt and a guaranteed find on the way.
- **Horse-riding** (19€) – a riding session in the stunning Alpine scenery with a qualified coach, experienced in working with persons with special needs.
- **Lama trek** (29€) – an absolute favourite with all our program participants, animal feeding followed by a short and easy trek with the lamas.

XL “Skiing is all I want”

Time: 09.45 – 15.15, Sunday to Thursday:

One-to-one skiing for four hours between 10.00 and 15.00 with one hour lunch break. 15 mins either end of the session for the clothing/ equipment change.

Meeting and collection point: Intersport Areit ski shop, conveniently located by the ski lifts, ski lockers and the affiliated ski school meeting point for you.

- ✓ For children with learning difficulties over 7 years old, teenagers and adults with special needs, and their siblings or friends over 5 years old.

This program is a perfect choice for older children, teenagers and adults who can already ski in the basic snow plough physically unaided (by other person's hands, tethers, etc.) in a straight line and stop in the snow plough on a green or blue slope. The skiing takes place at the whole mountain.

☞ *TIP: This program is especially recommended for intermediate and advanced skiers who are sporty and physically fit. Please note that from our experience, skiing full day is not suitable for complete beginners, very young children and persons who tire easily.*

When to come?

SPECIAL WEEKS:

October Half-term 23.10 – 27.10.2011

The fresh powder snow will already be here at our Kaprun glacier and you will be one of the first to enjoy it, away from the grey autumn skies! What's more, you will get better value for money: lower program prices, cheaper air fares, accommodation and skipasses!

Santa Week 04.12 – 08.12.2011

Santa comes to town! Perfect opportunity for photos with Father Christmas and to enjoy the magical Christmas story. Have fun at the three-day *St Nicholas and Krampus Fiesta*, a wonderful experience for all the family! While St. Nicholas brings presents to those children who have been good during the course of the year, Krampus is not so kind to the naughty ones... Plus it's already time to enjoy all the magic of Advent (see below)!

Alpine Advent 11.12 – 15.12.2011

Chance to enjoy the magical atmosphere of Advent in the Alps, with its Christmas Markets, brass bands, workshops and carol concerts! This is also your chance to see Salzburg with the Christmas lights on, apparently the most beautifully lit city in Europe. Enjoy the ride in the horse-drawn carriage through the Old Town under the blanket of snow, surrounded by the Alpine peaks. An unforgettable experience!

Christmas Weeks 18.12.2011 – 01.01.2012

Don't just dream of white Christmas, enjoy it with us! There is no more magical time than Christmas in Zell am See, with the sleigh rides, hot wine, carol singers and presents waiting for children under the snow-capped trees. A picture perfect idyll!

Easter Weeks 01.04 – 12.04.2012

We are lucky to be able to ski 365 days a year at our Kaprun glacier. Easter is a wonderful time, with long sunny days, creating perfect opportunity to relax on our "snow beach" after the day's skiing. Children love the Easter egg hunt with a difference. They find their treasures in the snow!

May Bank Holiday 29.04 – 03.05.2012

Enjoy a fantastic Bank Holiday weekend at our glacier! Still perfect snow, long sunny days and special events, including new season ski tests, live concerts and free massage drive-in!

VERY SPECIAL LOW SEASON!

We are aware of the UK policy on taking children out of school during the term time. However, many of the head teachers, having recognised the therapeutic value of their pupils' experience with us, have let our skiers join us in the term time. January and March, especially, are the months when the slopes tend to be uncrowded with perfect snow conditions, and simply ideal for persons with learning difficulties. There are no lift or restaurant queues and of course you get a better value for money: lower program prices, cheaper air fares, accommodation and skipasses!

Family Bonus!

The siblings or friends of the main participant are more than welcome to enroll on one of our *Skiing4all* programs too! **The main participant with special needs always skis on a one-to-one basis** but he or she may enjoy other activities with their siblings or friends.

There are two main options for siblings or friends:

- a) **Follow the same program type (XS, S, M, L or XL) as the main participant with special needs.** This is the best value offer with prices for the first sibling or friend listed in the “Column B” of our price table. Perfect experience: the sibling would ski on a one-to-one basis but enjoy other activities with other children (max.3:1 care ratio). **The second sibling or friend can join the program free of charge!** In this instance, the two children would ski together (two children to one instructor).
- b) **Follow a different program type (XS, S, M, L or XL) from the main participant with special needs.** In this case, we still offer special discounts: the first sibling or friend receives 10% off the Main Participant’s prices listed in the “Column A”. The second sibling receives 70% off the Main Participant’s prices listed in “Column A” (when skiing with the first sibling).

Skiing4all Season 2011/12 Prices in Euros



PROGRAM DATES	Skiing4all Programs										MATCHING SKI SCHOOL LESSONS					
	COLUMN A Main Participant with Special Needs					COLUMN B Siblings/Friends					Parents/Siblings/Friends					
	One-to-one skiing, crèche max. 2:1 ratio Price per person for 5 days					One-to-one skiing, crèche max. 3:1 ratio Price for the first sibling/friend for 5 days SECOND SIBLING/FRIEND FREE ⁽¹⁾					Private Price per person per session Extra person 10€ per hour			Group Price per person for 5 days		
	XS	S	M	L	XL	XS	S	M	L	XL						
	09.45 15.15	08.20 09.45 ⁽²⁾	08.20 15.15 ⁽²⁾	09.45 15.15	09.45 15.15 ⁽³⁾	09.45 15.15	08.20 09.45 ⁽²⁾	08.20 15.15 ⁽²⁾	09.45 15.15	09.45 15.15 ⁽³⁾	08.45 09.45	10.00 12.00 or 13.00 15.00	09.00 12.00	10.00 incl. lunch break	10.00 12.00 ⁽⁴⁾	10.00 incl. lunch break
		hotel pick-up	hotel pick-up				hotel pick-up	hotel pick-up			ski 1 hour	ski 1 hour	ski 2 hours	ski 2 hours	ski 4 hours	
	ski 1 hour	ski 1 hour	ski 2 hours	ski 4 hours	ski 1 hour	ski 1 hour	ski 2 hours	ski 2 hours	ski 4 hours	crèche		crèche	crèche			
UK Half-term 23.10 - 27.10.2011 ⁽⁵⁾	720	x	x	x	1290	190	x	x	x	990	x	120	x	225	170	170
Santa Week 04.12 - 08.12.2011 ⁽⁵⁾	660	x	x	x	1250	185	x	x	x	950	x	120	x	225	170	170
Alpine Advent 11.12 - 15.12. 2011 ⁽⁵⁾	660	x	x	x	1250	185	x	x	x	950	x	120	x	225	170	170
Christmas Holidays 18.12 - 22.12.2011	790	390	1090	1190	1550	195	265	460	760	1050	x	120	160	210	140	160
Christmas Holidays 23.12 - 27.12.2011	790	390	1090	1190	1550	195	265	460	760	1050	49	120	160	210	140	160
Christmas Holidays 28.12 - 01.01.2012	790	390	1090	1190	1550	195	265	460	760	1050	49	120	160	210	140	160
02.01 - 06.01.2012	720	350	990	1090	1390	190	240	430	690	990	49	120	160	210	140	160
08.01 - 12.01.2012	720	350	990	1090	1390	190	240	430	690	990	49	120	160	210	140	160
15.01 - 19.01.2012	660	315	890	1090	1290	185	230	410	675	950	49	120	160	210	140	160
22.01 - 26.01.2012	660	315	890	1090	1290	185	230	410	675	950	49	120	160	210	140	160
29.01 - 02.02.2012	720	350	990	1090	1390	190	240	430	690	990	49	120	160	210	140	160

<p>...continued from the previous page</p> PROGRAM DATES	Skiing4all Programs										MATCHING SKI SCHOOL LESSONS					
	COLUMN A Main Participant with Special Needs					COLUMN B Siblings/Friends					Parents/Siblings/Friends					
	One-to-one skiing, crèche max. 2:1 ratio Price per person for 5 days					One-to-one skiing, crèche max. 3:1 ratio Price for the first sibling/friend for 5 days SECOND SIBLING/FRIEND FREE ⁽¹⁾					Private Price per person per session Extra person 10€ per hour			Group Price per person for 5 days		
	XS	S	M	L	XL	XS	S	M	L	XL	08.45 09.45	10.00 12.00 or 13.00 15.00	09.00 12.00	10.00 15.00 incl. lunch break	10.00 12.00 ⁽⁴⁾	10.00 15.00 incl. lunch break
	09.45 15.15	08.20 09.45 ⁽²⁾	08.20 15.15 ⁽²⁾	09.45 15.15	09.45 15.15 ⁽³⁾	09.45 15.15	08.20 09.45 ⁽²⁾	08.20 15.15 ⁽²⁾	09.45 15.15	09.45 15.15 ⁽³⁾						
05.02 - 09.02.2012	720	350	990	1090	1390	190	240	430	690	990	49	120	160	210	140	160
UK Half-term 12.02 - 16.02.2012	790	390	1090	1190	1550	195	265	460	760	1050	49	120	160	210	140	160
19.02 - 23.02.2012	720	350	990	1090	1390	190	240	430	690	990	49	120	160	210	140	160
26.02 – 01.03.2012	720	350	990	1090	1390	190	240	430	690	990	49	120	160	210	140	160
04.03 – 08.03.2012	720	350	990	1090	1390	190	240	430	690	990	49	120	160	210	140	160
11.03 – 15.03.2012	720	350	990	1090	1390	190	240	430	690	990	49	120	160	210	140	160
18.03 – 22.03.2012	660	350	890	990	1250	185	230	410	675	950	49	120	160	210	140	160
25.03 – 29.03.2012	660	x	x	990	1250	185	x	x	675	950	49	120	160	210	140	160
Easter Holiday 01.04 - 05.04.2012 ⁽⁵⁾	760	x	x	1190	1450	195	x	x	760	995	x	120	x	225	170	170
Easter Holiday 08.04 - 12.04.2012 ⁽⁵⁾	760	x	x	1190	1450	195	x	x	760	995	x	120	x	225	170	170
15.04 - 19.04.2012 ⁽⁵⁾	660	x	x	990	1250	185	x	x	675	950	x	120	x	225	170	170
22.04 - 26.04.2012 ⁽⁵⁾	660	x	x	990	1250	185	x	x	675	950	x	120	x	225	170	170
May Bank Holiday 29.04 - 03.05.2012 ⁽⁵⁾	720	x	x	1090	1290	190	x	x	690	990	x	120	x	225	170	170

NB.: Prices valid only as part of the package in conjunction with the accommodation. When booked separately, 140€ surcharge applies.

- (1) *The prices in the "Column B" apply only when the sibling/friend is taking the same type of program as the Main Participant with Special Needs (e.g. both take Program M). The sibling or friend taking a different program from the Main Participant, receives 10% off the Main Participant's prices listed in the "Column A". The second sibling receives 70% off the Main Participant's prices listed in the "Column A" (when skiing with the first sibling).*
- (2) *Suitable for beginners only, the skiing session takes place at the valley nursery slope. Includes a free pick-up from the hotel at 08.20 a.m.*
- (3) *Not suitable for beginners. As a guide, the skier on this program must be able to ski in a snow plough physically unaided (by other person's hands, tethers, etc.) in a straight line and stop in the snow plough on a green or blue slope.*
- (4) *Not suitable for beginners. This morning session is part of a full day course, which means that a beginner might not be able to catch up on the following morning with the rest of the group.*
- (5) *Likely skiing at the glacier. Not recommended for complete beginners due to the ski lift infrastructure.*

Lunch, snacks and drinks (Programs XS, M, L and XL)

We will provide lunch, snacks and drinks for 10€ per day. Please let us know about your child's food preferences and any allergies.

We regret that due to the Health & Safety regulations and difficulties associated with consuming own food at the mountain restaurants, we are no longer able to accept packed lunches. However, we will be happy to carry your child's favourite snacks not requiring refrigeration and in their original packaging (cereal bars, etc.). Thank you for your understanding!

NB: All the extras, including optional activities, lunches, taxi transfers, etc. are payable in cash on arrival.

Contact & Booking:

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